

# Alaska Nanook Cross Country Running Invitational

UAF West Ridge Trails  
Thursday, August 30, 2007

University of Alaska Fairbanks Nanooks  
BYU – Hawaii  
Hawaii Pacific University

## Results Packet

- 1 – Alaska Nanooks v. BYU-Hawaii
- 2 – Alaska Nanooks v. Hawaii Pacific University
- 3 – BYU Hawaii v. Hawaii Pacific University
- 4 – Men's 8Km Results – all teams
- 5 – Women's 6Km Results – all teams

# Official Results

29 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

Place	Bib	Name		Time	Behind	Team Place	Team Points
Class: FU - University Women 6				Start Wave: 1			
1	4102	Amanda Whitford	BYU-H	24:26.1	0	1	
2	4113	Anna Coulter	UAF	24:49.4	+23.3	1	1
3	4103	Hilarie Glenn	BYU-H	25:17.6	+51.5	2	
4	4105	Diana Voorhees	BYU-H	25:33.2	+1:07.1	3	
5	4119	Beth Zirbes	UAF	25:42.9	+1:16.8	2	2
6	4116	Elisabeth Habermann	UAF	26:00.7	+1:34.6	3	3
7	4101	Michelle Fong	BYU-H	26:04.4	+1:38.3	4	
8	4115	Krynn Finstad	UAF	26:12.0	+1:45.9	4	4
9	4121	Nikkol Sipes	UAF	26:13.5	+1:47.4	5	5
10	4118	Lindy Smith	UAF	26:44.8	+2:18.7	6	
11	4117	Amber Drumm	UAF	27:51.2	+3:25.1	7	
12	4114	Tamra Kornfield	UAF	29:03.0	+4:36.9	8	
Class: MU - University Men 8				Start Wave: 2			
1	4124	Kenneth Harper	BYU-H	27:22.3	0	1	1
2	4127	Thomas Puzey	BYU-H	27:54.1	+31.8	2	2
3	4134	Vahur Teppan	UAF	28:30.2	+1:07.9	1	3
4	4125	Jacob Valeriano	BYU-H	28:33.6	+1:11.3	3	4
5	4135	Ray Sabo	UAF	28:34.0	+1:11.7	2	5
6	4133	Marius Korthauer	UAF	28:41.6	+1:19.3	3	6
7	4140	Zach McGill	UAF	28:54.1	+1:31.8	4	7
8	4143	Chris Eversman	UAF	28:59.0	+1:36.7	5	8
9	4123	Joseph Sybrowsky	BYU-H	29:18.2	+1:55.9	4	9
10	4144	Michael Dunahoe	UAF	29:56.3	+2:34.0	6	
11	4145	David Apperson	UAF	29:59.8	+2:37.5	7	
12	4126	Joseph Gonzalves	BYU-H	30:14.9	+2:52.6	5	12
13	4136	Henri Soom	UAF	31:02.3	+3:40.0	8	
14	4137	John Parry	UAF	31:16.3	+3:54.0	9	
15	4138	Andreas Schnitzer	UAF	31:30.5	+4:08.2	10	
16	4139	Robert Pakk	UAF	31:32.5	+4:10.2	11	
17	4142	Alex Morris	UAF	33:48.7	+6:26.4	12	

# Official Results

29 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

### Class University Women

BYU-H	Bib	Name	Time	Behind	Place	Points
	4102	Amanda Whitford	24:26.1	0	1	
	4103	Hilarie Glenn	25:17.6	+51.5	3	
	4105	Diana Voorhees	25:33.2	+1:07.1	4	
	4101	Michelle Fong	26:04.4	+1:38.3	7	

Scoring Finishers: 4 Points:

1	UAF	Bib	Name	Time	Behind	Place	Points
		4113	Anna Coulter	24:49.4	+23.3	2	1
		4119	Beth Zirbes	25:42.9	+1:16.8	5	2
		4116	Elisabeth Habermann	26:00.7	+1:34.6	6	3
		4115	Krynn Finstad	26:12.0	+1:45.9	8	4
		4121	Nikkol Sipes	26:13.5	+1:47.4	9	5
		4118	Lindy Smith	26:44.8	+2:18.7	10	
		4117	Amber Drumm	27:51.2	+3:25.1	11	
		4114	Tamra Kornfield	29:03.0	+4:36.9	12	

Scoring Finishers: 8 Points: 15

### Class University Men

1	BYU-H	Bib	Name	Time	Behind	Place	Points
		4124	Kenneth Harper	27:22.3	0	1	1
		4127	Thomas Puzey	27:54.1	+31.8	2	2
		4125	Jacob Valeriano	28:33.6	+1:11.3	4	4
		4123	Joseph Sybrowsky	29:18.2	+1:55.9	9	9
		4126	Joseph Gonzalves	30:14.9	+2:52.6	12	12

Scoring Finishers: 5 Points: 28

2	UAF	Bib	Name	Time	Behind	Place	Points
		4134	Vahur Teppan	28:30.2	+1:07.9	3	3
		4135	Ray Sabo	28:34.0	+1:11.7	5	5
		4133	Marius Korthauer	28:41.6	+1:19.3	6	6
		4140	Zach McGill	28:54.1	+1:31.8	7	7
		4143	Chris Eversman	28:59.0	+1:36.7	8	8
		4144	Michael Dunahoe	29:56.3	+2:34.0	10	
		4145	David Apperson	29:59.8	+2:37.5	11	
		4136	Henri Soom	31:02.3	+3:40.0	13	
		4137	John Parry	31:16.3	+3:54.0	14	
		4138	Andreas Schnitzer	31:30.5	+4:08.2	15	
		4139	Robert Pakk	31:32.5	+4:10.2	16	
		4142	Alex Morris	33:48.7	+6:26.4	17	

Scoring Finishers: 12 Points: 29

# Official Results

30 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

Place	Bib	Name		Time	Behind	Team Place	Team Points
Class: FU - University Women 6				Start Wave: 1			
1	4113	Anna Coulter	UAF	24:49.4	0	1	1
2	4108	Emma Palmer	HPU	24:59.5	+10.1	1	2
3	4107	Quinn Horochuk	HPU	25:23.0	+33.6	2	3
4	4119	Beth Zirbes	UAF	25:42.9	+53.5	2	4
5	4110	Jennifer Torres	HPU	25:49.3	+59.9	3	5
6	4116	Elisabeth Habermann	UAF	26:00.7	+1:11.3	3	6
7	4115	Krynn Finstad	UAF	26:12.0	+1:22.6	4	7
8	4121	Nikkol Sipes	UAF	26:13.5	+1:24.1	5	8
9	4106	Wendy Darling	HPU	26:27.4	+1:38.0	4	9
10	4118	Lindy Smith	UAF	26:44.8	+1:55.4	6	
11	4117	Amber Drumm	UAF	27:51.2	+3:01.8	7	
12	4114	Tamra Kornfield	UAF	29:03.0	+4:13.6	8	
13	4109	Samantha Mathews	HPU	32:13.9	+7:24.5	5	12
Class: MU - University Men 8				Start Wave: 2			
1	4128	Brandon Laan	HPU	27:35.5	0	1	1
2	4131	Jens Munk Nielsen	HPU	27:44.9	+9.4	2	2
3	4129	Esben Dalgaard	HPU	27:50.8	+15.3	3	3
4	4134	Vahur Teppan	UAF	28:30.2	+54.7	1	4
5	4135	Ray Sabo	UAF	28:34.0	+58.5	2	5
6	4133	Marius Korthauer	UAF	28:41.6	+1:06.1	3	6
7	4130	Vaughn Harber	HPU	28:46.7	+1:11.2	4	7
8	4140	Zach McGill	UAF	28:54.1	+1:18.6	4	8
9	4143	Chris Eversman	UAF	28:59.0	+1:23.5	5	9
10	4132	Kevin Enriques	HPU	29:04.8	+1:29.3	5	10
11	4144	Michael Dunahoe	UAF	29:56.3	+2:20.8	6	
12	4145	David Apperson	UAF	29:59.8	+2:24.3	7	
13	4136	Henri Soom	UAF	31:02.3	+3:26.8	8	
14	4137	John Parry	UAF	31:16.3	+3:40.8	9	
15	4138	Andreas Schnitzer	UAF	31:30.5	+3:55.0	10	
16	4139	Robert Pakk	UAF	31:32.5	+3:57.0	11	
17	4142	Alex Morris	UAF	33:48.7	+6:13.2	12	

# Official Results

30 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

### Class University Women

1	UAF	Bib	Name	Time	Behind	Place	Points
		4113	Anna Coulter	24:49.4	0	1	1
		4119	Beth Zirbes	25:42.9	+53.5	4	4
		4116	Elisabeth Habermann	26:00.7	+1:11.3	6	6
		4115	Krynn Finstad	26:12.0	+1:22.6	7	7
		4121	Nikkol Sipes	26:13.5	+1:24.1	8	8
		4118	Lindy Smith	26:44.8	+1:55.4	10	
		4117	Amber Drumm	27:51.2	+3:01.8	11	
		4114	Tamra Kornfield	29:03.0	+4:13.6	12	
Scoring Finishers:						8	Points: 26

2	HPU	Bib	Name	Time	Behind	Place	Points
		4108	Emma Palmer	24:59.5	+10.1	2	2
		4107	Quinn Horochuk	25:23.0	+33.6	3	3
		4110	Jennifer Torres	25:49.3	+59.9	5	5
		4106	Wendy Darling	26:27.4	+1:38.0	9	9
		4109	Samantha Mathews	32:13.9	+7:24.5	13	12
Scoring Finishers:						5	Points: 31

### Class University Men

1	HPU	Bib	Name	Time	Behind	Place	Points
		4128	Brandon Laan	27:35.5	0	1	1
		4131	Jens Munk Nielsen	27:44.9	+9.4	2	2
		4129	Esben Dalgaard	27:50.8	+15.3	3	3
		4130	Vaughn Harber	28:46.7	+1:11.2	7	7
		4132	Kevin Enriques	29:04.8	+1:29.3	10	10
Scoring Finishers:						5	Points: 23

2	UAF	Bib	Name	Time	Behind	Place	Points
		4134	Vahur Teppan	28:30.2	+54.7	4	4
		4135	Ray Sabo	28:34.0	+58.5	5	5
		4133	Marius Korthauer	28:41.6	+1:06.1	6	6
		4140	Zach McGill	28:54.1	+1:18.6	8	8
		4143	Chris Eversman	28:59.0	+1:23.5	9	9
		4144	Michael Dunahoe	29:56.3	+2:20.8	11	
		4145	David Apperson	29:59.8	+2:24.3	12	
		4136	Henri Soom	31:02.3	+3:26.8	13	
		4137	John Parry	31:16.3	+3:40.8	14	
		4138	Andreas Schnitzer	31:30.5	+3:55.0	15	
		4139	Robert Pakk	31:32.5	+3:57.0	16	
		4142	Alex Morris	33:48.7	+6:13.2	17	
Scoring Finishers:						12	Points: 32

# Official Results

19 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

Place	Bib	Name		Time	Behind	Team Place	Team Points
Class: FU - University Women 6					Start Wave: 1		
1	4102	Amanda Whitford	BYU-H	24:26.1	0	1	
2	4108	Emma Palmer	HPU	24:59.5	+33.4	1	1
3	4103	Hilarie Glenn	BYU-H	25:17.6	+51.5	2	
4	4107	Quinn Horochuk	HPU	25:23.0	+56.9	2	2
5	4105	Diana Voorhees	BYU-H	25:33.2	+1:07.1	3	
6	4110	Jennifer Torres	HPU	25:49.3	+1:23.2	3	3
7	4101	Michelle Fong	BYU-H	26:04.4	+1:38.3	4	
8	4106	Wendy Darling	HPU	26:27.4	+2:01.3	4	4
9	4109	Samantha Mathews	HPU	32:13.9	+7:47.8	5	5
Class: MU - University Men 8					Start Wave: 2		
1	4124	Kenneth Harper	BYU-H	27:22.3	0	1	1
2	4128	Brandon Laan	HPU	27:35.5	+13.2	1	2
3	4131	Jens Munk Nielsen	HPU	27:44.9	+22.6	2	3
4	4129	Esben Dalgaard	HPU	27:50.8	+28.5	3	4
5	4127	Thomas Puzey	BYU-H	27:54.1	+31.8	2	5
6	4125	Jacob Valeriano	BYU-H	28:33.6	+1:11.3	3	6
7	4130	Vaughn Harber	HPU	28:46.7	+1:24.4	4	7
8	4132	Kevin Enriques	HPU	29:04.8	+1:42.5	5	8
9	4123	Joseph Sybrowsky	BYU-H	29:18.2	+1:55.9	4	9
10	4126	Joseph Gonzalves	BYU-H	30:14.9	+2:52.6	5	10

# Official Results

19 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

### Class University Women

BYU-H	Bib	Name	Time	Behind	Place	Points
	4102	Amanda Whitford	24:26.1	0	1	
	4103	Hilarie Glenn	25:17.6	+51.5	3	
	4105	Diana Voorhees	25:33.2	+1:07.1	5	
	4101	Michelle Fong	26:04.4	+1:38.3	7	
Scoring Finishers:						4 Points:

1	HPU	Bib	Name	Time	Behind	Place	Points
		4108	Emma Palmer	24:59.5	+33.4	2	1
		4107	Quinn Horochuk	25:23.0	+56.9	4	2
		4110	Jennifer Torres	25:49.3	+1:23.2	6	3
		4106	Wendy Darling	26:27.4	+2:01.3	8	4
		4109	Samantha Mathews	32:13.9	+7:47.8	9	5
Scoring Finishers:						5	Points: 15

### Class University Men

1	HPU	Bib	Name	Time	Behind	Place	Points
		4128	Brandon Laan	27:35.5	+13.2	2	2
		4131	Jens Munk Nielsen	27:44.9	+22.6	3	3
		4129	Esben Dalgaard	27:50.8	+28.5	4	4
		4130	Vaughn Harber	28:46.7	+1:24.4	7	7
		4132	Kevin Enriques	29:04.8	+1:42.5	8	8
Scoring Finishers:						5	Points: 24

2	BYU-H	Bib	Name	Time	Behind	Place	Points
		4124	Kenneth Harper	27:22.3	0	1	1
		4127	Thomas Puzey	27:54.1	+31.8	5	5
		4125	Jacob Valeriano	28:33.6	+1:11.3	6	6
		4123	Joseph Sybrowsky	29:18.2	+1:55.9	9	9
		4126	Joseph Gonzalves	30:14.9	+2:52.6	10	10
Scoring Finishers:						5	Points: 31

# Official Results

22 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

Sex		Class						
Place	Bib	Name	Age	Affiliation	Class	Place	Time	Behind
-Men-8								
1	4124	HARPER, Kenneth		BYU-H	MU	1	27:22.3	0
2	4128	LAAN, Brandon		HPU	MU	2	27:35.5	+13.2
3	4131	MUNK NIELSEN, Jens		HPU	MU	3	27:44.9	+22.6
4	4129	DALGAARD, Esben		HPU	MU	4	27:50.8	+28.5
5	4127	PUZEY, Thomas		BYU-H	MU	5	27:54.1	+31.8
6	4134	TEPPAN, Vahur		UAF	MU	6	28:30.2	+1:07.9
7	4125	VALERIANO, Jacob		BYU-H	MU	7	28:33.6	+1:11.3
8	4135	SABO, Ray		UAF	MU	8	28:34.0	+1:11.7
9	4133	KORTHAUER, Marius		UAF	MU	9	28:41.6	+1:19.3
10	4130	HARBER, Vaughn		HPU	MU	10	28:46.7	+1:24.4
11	4140	MCGILL, Zach		UAF	MU	11	28:54.1	+1:31.8
12	4143	EVERSMAN, Chris		UAF	MU	12	28:59.0	+1:36.7
13	4132	ENRIQUES, Kevin		HPU	MU	13	29:04.8	+1:42.5
14	4123	SYBROWSKY, Joseph		BYU-H	MU	14	29:18.2	+1:55.9
15	4144	DUNAHOE, Michael		UAF	MU	15	29:56.3	+2:34.0
16	4145	APPERSON, David		UAF	MU	16	29:59.8	+2:37.5
17	4126	GONZALVES, Joseph		BYU-H	MU	17	30:14.9	+2:52.6
18	4136	SOOM, Henri		UAF	MU	18	31:02.3	+3:40.0
19	4137	PARRY, John		UAF	MU	19	31:16.3	+3:54.0
20	4138	SCHNITZER, Andreas		UAF	MU	20	31:30.5	+4:08.2
21	4139	PAKK, Robert		UAF	MU	21	31:32.5	+4:10.2
22	4142	MORRIS, Alex		UAF	MU	22	33:48.7	+6:26.4



# Official Results

17 Racers

## UAF Invitational

at UAF West Ridge Trails

10:00 on 8/30/2007

Sex		Class						
Place	Bib	Name	Age	Affiliation	Class	Place	Time	Behind
<b>-Women-6</b>								
1	4102	WHITFORD, Amanda		BYU-H	FU	1	24:26.1	0
2	4113	COULTER, Anna		UAF	FU	2	24:49.4	+23.3
3	4108	PALMER, Emma		HPU	FU	3	24:59.5	+33.4
4	4103	GLENN, Hilarie		BYU-H	FU	4	25:17.6	+51.5
5	4107	HOROCHUK, Quinn		HPU	FU	5	25:23.0	+56.9
6	4105	VOORHEES, Diana		BYU-H	FU	6	25:33.2	+1:07.1
7	4119	ZIRBES, Beth		UAF	FU	7	25:42.9	+1:16.8
8	4110	TORRES, Jennifer		HPU	FU	8	25:49.3	+1:23.2
9	4116	HABERMANN, Elisabeth		UAF	FU	9	26:00.7	+1:34.6
10	4101	FONG, Michelle		BYU-H	FU	10	26:04.4	+1:38.3
11	4115	FINSTAD, Krynn		UAF	FU	11	26:12.0	+1:45.9
12	4121	SIPES, Nikkol		UAF	FU	12	26:13.5	+1:47.4
13	4106	DARLING, Wendy		HPU	FU	13	26:27.4	+2:01.3
14	4118	SMITH, Lindy		UAF	FU	14	26:44.8	+2:18.7
15	4117	DRUMM, Amber		UAF	FU	15	27:51.2	+3:25.1
16	4114	KORNFELD, Tamra		UAF	FU	16	29:03.0	+4:36.9
17	4109	MATHEWS, Samantha		HPU	FU	17	32:13.9	+7:47.8